

Implicit Bias

Video Title: **Isaiah** Reflection Sheet: **Family**

Use this reflection page to explore the thoughts and ideas on changing the image of young men of color as expressed in the video *Isaiah*.

- 1. Isaiah opens this film by telling us about his passion for football, and we quickly get a picture of how his hard work built up his talent. Yet he still says, "I never thought that I would see the day where I would be going to school for free." Why do you think he says this? How would you respond to Isaiah if he were your child?

- 2. What does he mean by "I believe that when you work hard for something to happen, it adds more value to it than it just getting handed to you." How do you teach your child the value of hard work?

3. What does it mean “to be hungry, like you can do it”? What are you “hungry” for? How does having a positive attitude help you achieve what you hunger for?

4. Isaiah says, “you have to be humble...because as quick as it comes is as fast as it can be taken away.” What does he mean by this statement? Why is humility important?

5. Isaiah tell us, “I want to change the image of men of color. People don’t really see the good that young black men can do to their society.” What is the world’s image of men of color? How do you know this? How do you help your child understand “the good that young black men can do”?
