

Implicit Bias

Video Title: **Isaiah**

Reflection Sheet: **High School Students**

Use this reflection page to explore the thoughts and ideas on changing the image of young men of color as expressed in the video *Isaiah*.

- 1. Isaiah opens this film by telling us about his passion for football, and we quickly get a picture of how his hard work built up his talent. Yet he says, "I never thought that I would see the day where I would be going to school for free." Why do you think he says this?

- 2. What does he mean by "I believe that when you work hard for something to happen, it adds more value to it than it just getting handed to you." What is the 'value' that hard work adds? What is something you have worked hard for? Did it feel more valuable than if it were handed to you? Explain.

- 3. What does it mean "to be hungry, like you can do it"? What are you "hungry" for? How does having a positive attitude help you achieve what you hunger for?

4. Isaiah tell us, "I want to change the image of men of color. People don't really see the good that young black men can do to their society." What is the world's image of men of color? How do you know this? What are some examples of "the good that young black men can do"?

5. What is the good YOU can do in society? Write an action plan for a project that would benefit your school or community. What is the problem you would like to solve? What are the steps necessary to make a change? Who would you need to help you on this project?

6. Isaiah ends by saying, "...if we're all just come together, that will be a starting point." How do you bring people together? How do you communicate to others so they will want to come together? Why do people come together? How could your action plan be a reason to bring people together?
