

# Implicit Bias

## Video Title: **Isaiah**

### Reflection Sheet: **Middle School Students**

Use this reflection page to explore the thoughts and ideas on changing the image of young men of color as expressed in the video *Isaiah*.

- 1. Isaiah opens this film by telling us about his passion for football, and we quickly get a picture of how his hard work built up his talent. Yet he says, "I never thought that I would see the day where I would be going to school for free." Why do you think he says this?

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- 2. Why does Isaiah feel it is important to work really hard to get what you want in life? How does this apply to your life?

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- 3. What does it mean "to be hungry, like you can do it"? What are you "hungry" for? How does having a positive attitude help you achieve what you hunger for?

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4. Isaiah tell us, "I want to change the image of men of color. People don't really see the good that young black men can do to their society." What is the world's image of men of color? How do you know this? What are some examples of "the good that young black men can do"? Why is this important?

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5. What is the good YOU can do in society? Think about a project that would benefit your school or community. What is the problem you would like to solve? What are the steps necessary to make a change? Who would you need to help you on this project?

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6. Isaiah ends by saying, "...if we're all just come together, that will be a starting point." How do you bring people together? How do you communicate to others so they will want to come together? How could your project from question #5 be a reason to bring people together?

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